

# GOPIO Announces Partnership with Global Integrative Medicine Congress 2026 to Advance Evidence-Based, Preventive Healthcare



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Memphis, Tennessee / New York, USA — The Global Organization of People of Indian Origin (GOPIO) has announced its official partnership with the Global Integrative Medicine Congress (GIMC) 2026, a landmark international event dedicated to transforming the future of healthcare through science, tradition, and innovation. The Congress will be hosted in Memphis, Tennessee, in collaboration with the GOPIO Health and Wellness Council and the American Academy of Yoga & Medicine (AAYM).

Taking place at a time when chronic and lifestyle-related diseases are rising sharply worldwide, GIMC 2026 aims to redefine healthcare by integrating modern medical science with evidence-based traditional practices such as Yoga and Ayurveda. The Congress will convene leading experts from medicine, biology, public health, technology, and traditional sciences to explore preventive, personalized, and sustainable approaches to health.



“Healthcare must evolve from reactive disease management to proactive health creation, guided by rigorous science,” said Dr. Indranill Basu-Ray, Chairman and Program Director of GIMC 2026. “Integrative medicine offers a path toward continuous health optimization—guided by biology, behavior, and data,” added Dr. Akshay Anand, Co-Program Director.

The Congress will feature keynote lectures, scientific sessions, hands-on workshops, and policy discussions. Topics will include integrative approaches to cardiometabolic disease, neurological and oncological care, mental health, women’s health, healthy aging, and the expanding role of AI-enabled wearables and digital biomarkers. Participants will also explore accreditation standards and policy frameworks to support global adoption of integrative healthcare models.

A key highlight of GIMC 2026 is its comprehensive, biology-informed framework that blends traditional wisdom with modern scientific insights. Sessions will cover yoga-based movement therapies, pranayama for cardiopulmonary health, meditation for neuroendocrine balance, plant-based nutrition informed by nutrigenomics, circadian health strategies, Ayurvedic diagnostics, and personalized detoxification protocols.

“This Congress aligns with GOPIO’s mission to educate and empower communities through evidence-based health and wellness initiatives,” said Dr. Thomas Abraham, Chairman of GOPIO International. GOPIO International President Mr. Prakash Shah added, “We encourage our global membership to participate in this transformative event and contribute to shaping a healthier future.”

Registration is now open for physicians, allied health professionals, integrative medicine practitioners, and members of the public interested in natural and preventive approaches to health. CME and

non-CME options are available.

Set against the vibrant backdrop of Memphis, the Global Integrative Medicine Congress 2026 is poised to become a milestone in the evolution of global healthcare.

For registration and additional information, visit the AAYM conference website or GOPIO communication channels.

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