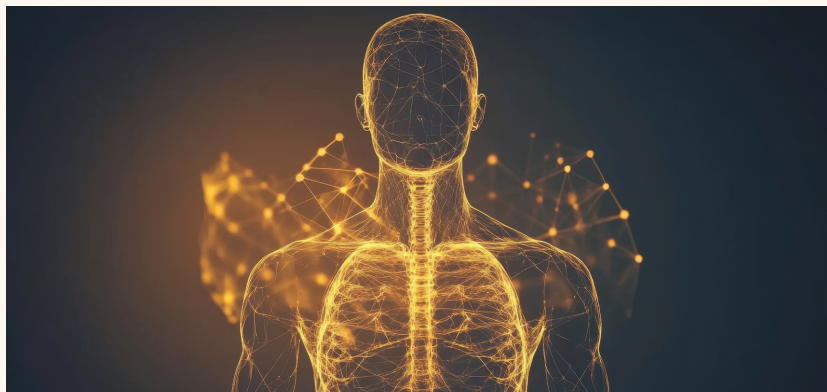




American Academy for
Yoga in Medicine

American Conference on Yoga, Ayurveda & Integrative Therapies for Chronic Diseases & Public Health



Venue: Memphis, Tennessee

The conference will be held in Memphis, one of the oldest towns in America, famously known as the home of the legendary singer Elvis Presley. Memphis offers a beautiful spring climate, with average daytime temperatures between 68°F and 75°F (20°C to 24°C) — neither too cold nor too hot — making it an ideal setting for this global event. It is also the headquarters of FedEx, representing the city's international reach and dynamic modern character.



May 01-02-03, 2026



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Program Highlights

- Practical training sessions.
- Panel discussions with global experts and authors.
- Workshops and teaching sessions for medical professionals.
- Scientific deliberations and discussions on Yoga and Ayurveda as therapeutic modalities.
- Official release of guidelines on the integration of Yoga and Ayurveda with modern medicine.
- Launch of the book **"Textbook of Yoga for Cardiovascular Disease"**.
- Poster and abstract presentations on the latest research in Yoga and Ayurveda.



Conference Objectives

The conference will focus on bridging the gap between traditional wisdom and modern medical science through the following key objectives:

- Bring experts from India and the USA onto one platform.
- Release official guidelines for the integration of Yoga, Ayurveda, and modern medicine researchers not only in the USA but worldwide.
- Present the latest research on Yoga and Ayurveda and their effects on various diseases.
- Develop evidence-based protocols for diseases such as diabetes, cardiovascular disorders, and stress.
- Teach therapeutic applications of Yoga and Ayurveda across medical disciplines.
- Conduct panel discussions on integrating Yoga into modern medical practice.
- Host interactive "one-to-one practice" sessions demonstrating integration methods.
- Explore Yoga's role in treating cardiovascular, cancer, endocrine, and neurological conditions .
- Present scientific evidence supporting Ayurveda and Yoga as components of modern therapeutic protocols .
- Establish accreditation standards for Yoga and Ayurveda similar to modern allopathic medicine .
- Provide practical training for interested participants.





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CHAIRMAN



SUTIRTHA BHATTACHARYA, IAS

A distinguished officer of the 1985 batch of the Indian Administrative Service, he is known for his leadership in India's energy and infrastructure sectors. A graduate in Physics from Presidency College, Kolkata, he has held several senior roles across government and public sector enterprises. He is best known for his tenure as Chairman and Managing Director of Coal India Limited, where he spearheaded major reforms to enhance production, streamline operations, and promote sustainability in mining practices. Prior to that, he served as CMD of Singareni Collieries Company Limited and later as Chairman of the West Bengal Electricity Regulatory Commission (WBERC).

An advocate for energy security, sustainable operations, and digital transformation in public enterprises, Mr. Bhattacharya has received multiple awards, including Forbes India's Best PSU CEO. His career reflects a deep commitment to public service, strategic policy implementation, and infrastructure development.

CO-CHAIRMEN

1. Amit Chakravarty
2. Thomas Abraham

SECRETARY

Tarun Basu

CO-SECRETARY

Anjali Deksmush



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PROGRAM DIRECTORS



INDRANILL BASU-RAY, **MD, DNB (CARD), FACP, FACC, D.SC. (HONORIS CAUSA)**

Cardiologist and Interventional Cardiac Electrophysiologist Director, Clinical Cardiac Electrophysiology Laboratory Director, Cardiovascular Research & Innovations Lt. Col. Luke Weathers, Jr. VA Medical Center, Memphis, Tennessee, USA Adjunct Professor, School of Public Health, University of Memphis, Tennessee, USA Chairman, American Academy for Yoga in Medicine

Dr. Indranill Basu-Ray is a world-renowned American Indian cardiologist who pioneered the use of Yoga in cardiovascular medicine. His remarkable career blends scientific excellence with spiritual insight. A former faculty member at Harvard Medical School and Tulane University, Dr. Basu-Ray has authored numerous peer-reviewed papers and serves on several editorial boards. The American Heart Association selected him to author its scientific statement on using meditation to treat cardiovascular disease. He is the editor of "The Principles and Practice of Yoga in Cardiovascular Medicine" (Springer, 2022) — the world's first reference text on the subject for physicians — and author of "Yoga for Cardiovascular Disease and Rehabilitation" (Elsevier, 2025). A lifelong meditator since the age of six, Dr. Basu-Ray was initiated into Kriya Yoga by Swami Hariharananda Giri, a brother disciple of Paramhansa Yogananda, author of Autobiography of a Yogi.



B. N. GANGADHAR

A distinguished psychiatrist and Chairperson of the National Medical Commission (NMC) since July 2024, Dr. Gangadhar is known for his pioneering work integrating Yoga and mental health. He previously served as Director of the National Institute of Mental Health & Neurosciences (NIMHANS), Bangalore. He holds an MBBS from Bangalore Medical College, an MD in Psychiatry from NIMHANS, and a D.Sc. from SVYASA University for his research on Yoga and mental health.



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PROGRAM DIRECTORS



BHUSHAN PATWARDHAN

A leading biomedical scientist and academic leader with over four decades of experience, Dr. Patwardhan is National Research Professor under the Ministry of AYUSH and Distinguished Professor at the Interdisciplinary School of Health Sciences, Savitribai Phule Pune University. He also serves as Adjunct Professor at the National Institute of Complementary Medicine, Western Sydney University, Australia. His work spans Ayurveda, integrative medicine, and ethnopharmacology.



MANJUNATH N. K.

Pro-Vice-Chancellor and Director of Research & International Affairs at S-VYASA University, Bangalore, Dr. Manjunath is a leading figure in Yoga science, education, and integrative medicine. He holds a B.N.Y.S. from Mangalore University, a Ph.D. in Geriatric Medicine & Yoga from S-VYASA, and an honorary D.Sc. for his contributions to Yoga research.



PUNEET MISRA

Professor at the Centre for Community Medicine, All India Institute of Medical Sciences (AIIMS), New Delhi. A distinguished public health expert with over three decades of experience, Dr. Misra holds an MD, MPH (USA), and works in the area of Integrative Medicine. He is a Fellow of IPHA, IAPSM, and WHO.

He has contributed extensively to research and policy in non-communicable diseases, epidemiology, lifestyle medicine, holistic health, Yoga, Integrative Medicine, and public health interventions. Dr. Misra has published widely and played key roles in several national health programs, including disease surveillance, vaccine trials, and COVID-19 response efforts.



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PROGRAM DIRECTORS



AKSHAY ANAND

Professor in the Department of Neurology and Head of the CCRYN Center for Mind-Body Interventions through Yoga at PGIMER, Chandigarh. Dr. Anand is renowned for his work integrating Yoga, molecular biology, and neuroscience, particularly in neurodegenerative disorders. He also serves as Adjunct Faculty in the Department of Philosophy at Panjab University and as Editor-in-Chief of Annals of Neurosciences and Integrative Medicine Case Reports.

ASSOCIATE PROGRAM DIRECTOR



PRADEEP NAIR

Prof.(Dr.) Nair is the Medical Director of Fellowships & Research and is also the Medical Director and Chief Scientist at Mirakle integrated Health Centre, India's largest integrative oncology hospital. He was the former Professor & Head of Research at Sant Hiranandaram Medical College, Bhopal. He was the first head of the Research and Development Department of the National Institute of Naturopathy, Govt of India and has worked in various collaborative research projects with institutes of repute. He is one of the renowned Physician scientists in the field of Naturopathy and yoga who has authored more than 80 research papers in peer-reviewed international journals, as well as 23 chapters in National and International textbooks and, has served as one of the associate editors in textbooks of Clinical Naturopathy and Yoga. He serves as a reviewer for nearly 20 international journals and is an editorial board member of the Indian Journal of Naturopathy & Yoga published. He is the first BNYS graduate from India to have a publication in British Medical Journal. He also authored 3 books on naturopathy and ozone therapy. He was recognized as a youth icon for the year 2017 by the Indian Naturopathy and Yoga Graduates' Medical Association for his contributions to the field of research in yoga and Naturopathy.



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